

VERBAL ATEMI A TECHNIQUE FOR CREATIVE DISRUPTION

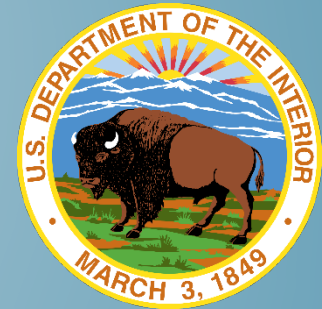
Presented by Stephen Kotev

www.StephenKotev.com



Conflict Resolution Consultant
offering mediation,
negotiation, leadership &
conflict coaching, facilitation
services, training
and somatic education





Smithsonian



Chair of the ACR
Taskforce on
Safety in ADR

Certified instructor of
Being in Movement®
Embodied Peacemaking

Black Belt in Aikido and
Purple Belt in Brazilian
Jiu Jitsu

OBJECTIVES:

- ❖ *To provide you with a different way of looking at confrontation/engagement*
- ❖ *To talk about an untapped resource in the Japanese martial art of Aikido*
- ❖ *To provide powerful examples of creative disruptions of high-conflict situations*

GETTING TO KNOW YOU

- *A show of hands - how long have you been practicing/in the field?*
- *What would you like to learn today/what caught your attention?*

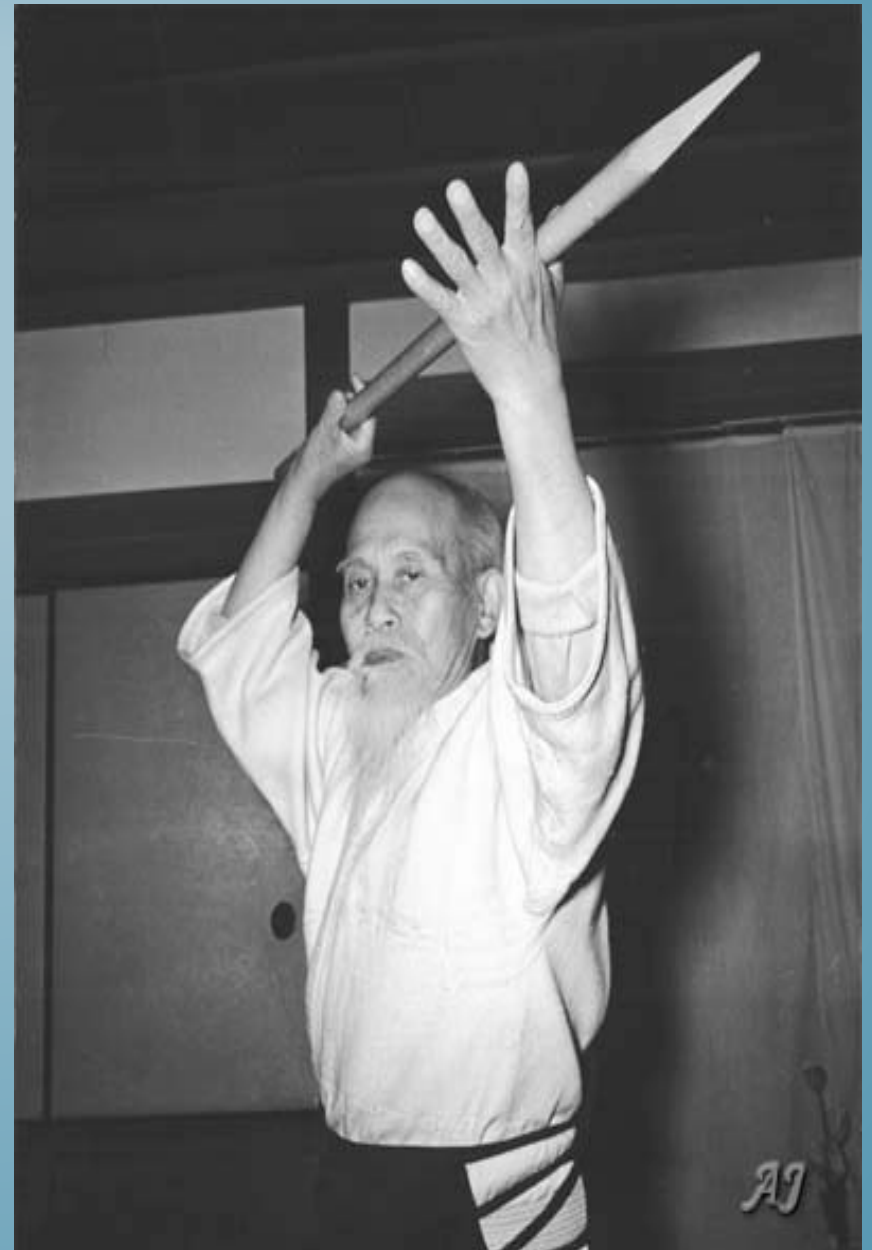
WHEN WAS THE LAST TIME YOU DID SOMETHING TOTALLY UNEXPECTED DURING YOUR ADR/MEDIATION SESSION?

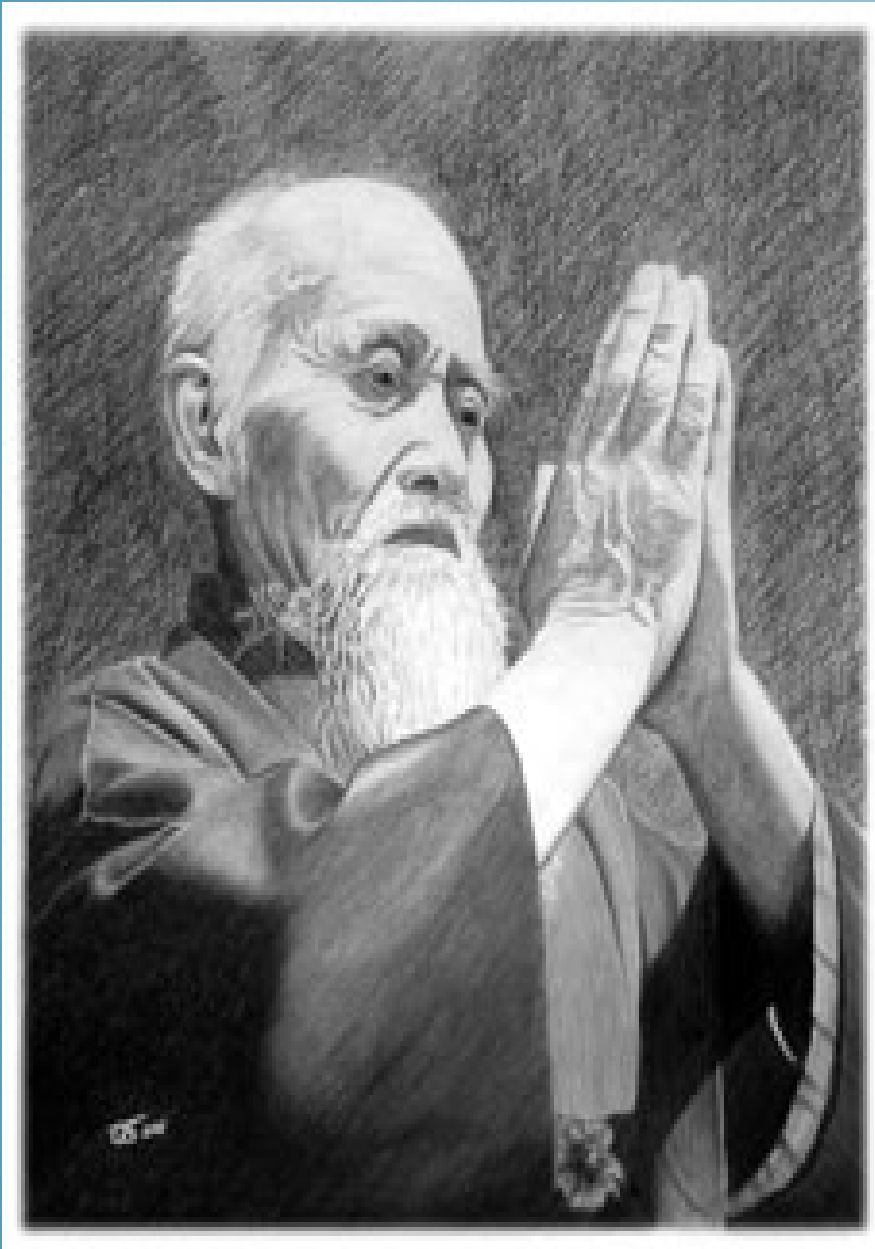
- *Take a moment to reflect*
- *Find a partner and share what happened*
 - *If you are participating remotely – email or text a friend*

合氣道



Morihei Ueshiba
Founder of Aikido





A deeply spiritual man, Ueshiba strove to meld his spirituality with his martial practice.

He created Aikido as a way to transform the notion of warrior: from that of destroyer to protector.

A SHORT CLIP OF AIKIDO IN ACTION



- *Video Clip here*



Aikido is an untapped philosophical
resource for ADR Professionals

SHARED CONCEPTS AND PRINCIPLES BETWEEN AIKIDO & CR:

- Centered and upright posture
- Blending
- Relaxed response to attacks
- An ethical choice not to do additional harm to the Attacker
- Connection
- Irimi
- Atemi

ATEMI

A strike meant to
unbalance and
surprise

*NOT injure the
attacker*



“YOUR SHOES UNTIED”





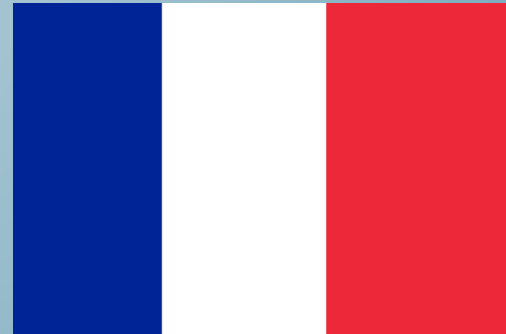
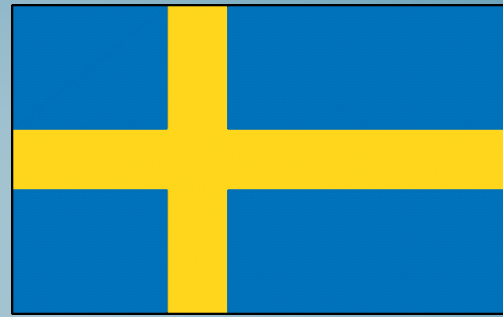
VERBAL ATEMI

A creative technique used to disrupt a pattern of intent through unexpected and unorthodox means

STORIES OF VERBAL ATEMI:







CAPITOL HILL, WASHINGTON DC

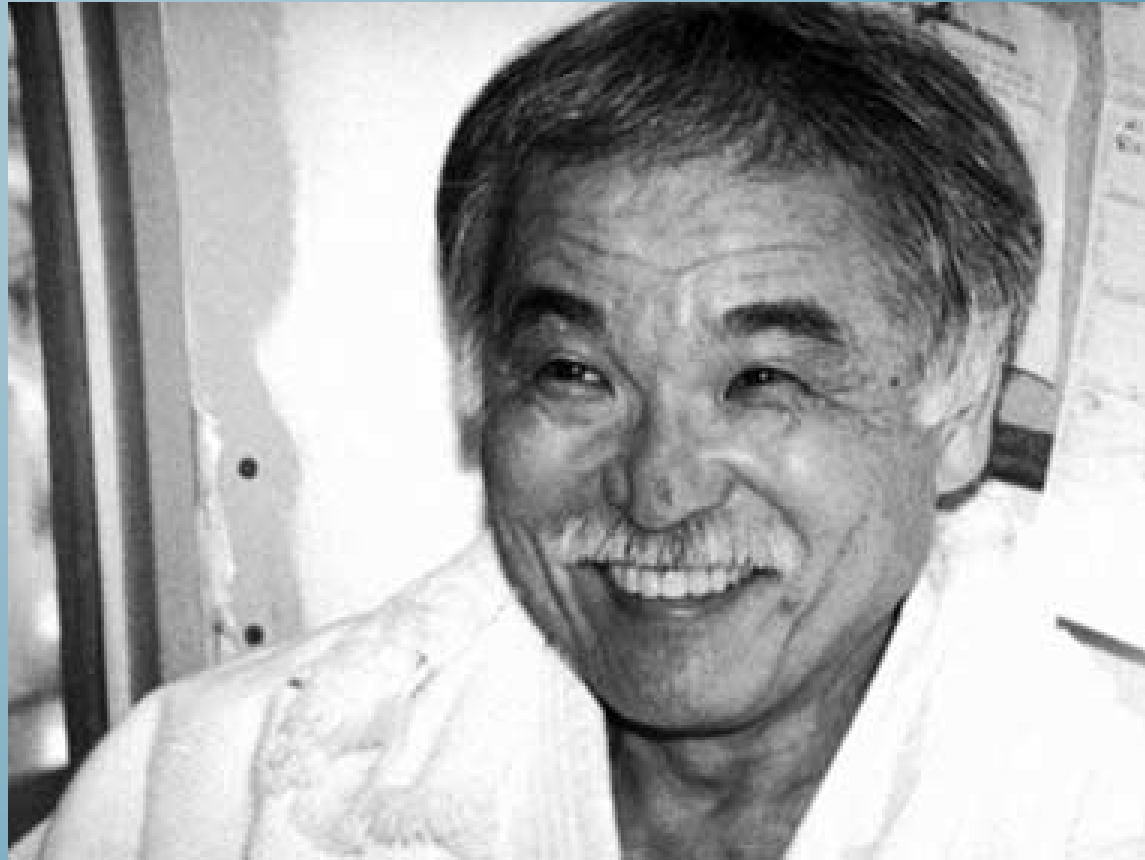
JUNE 16, 2007



Video clip here

**“You have to
hit them
with love.”**

**Clyde
Takeguchi
Sensei**



**“Moving through
the
gaps in your
mind.”**

**Tetsuzan Kuroda
Sensei**



SWEET FRUIT FROM THE BITTER TREE



*61 Stories of Creative &
Compassionate Ways out of Conflict*

— MARK ANDREAS —

Video clip here

**OPENING
PRESENTS**

BY

DAVID CLARK



◀ NEXT LIFT ▶

LIFT
1
←

Please
pass right
inside the
lift

LIFT
2
→

FOR
SERVICE

PRESS TO
CALL LIFT

STAND CLEAR DOORS CLOSING

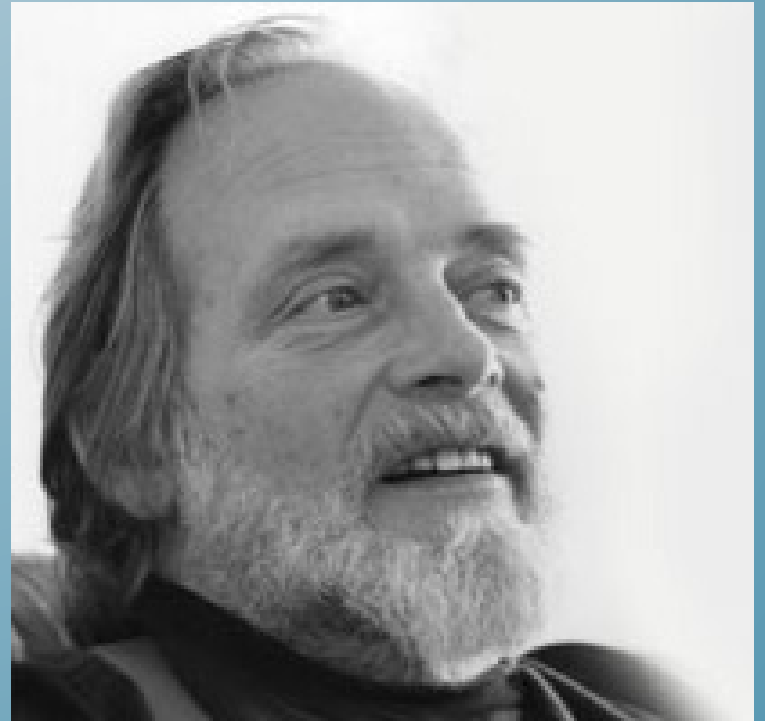
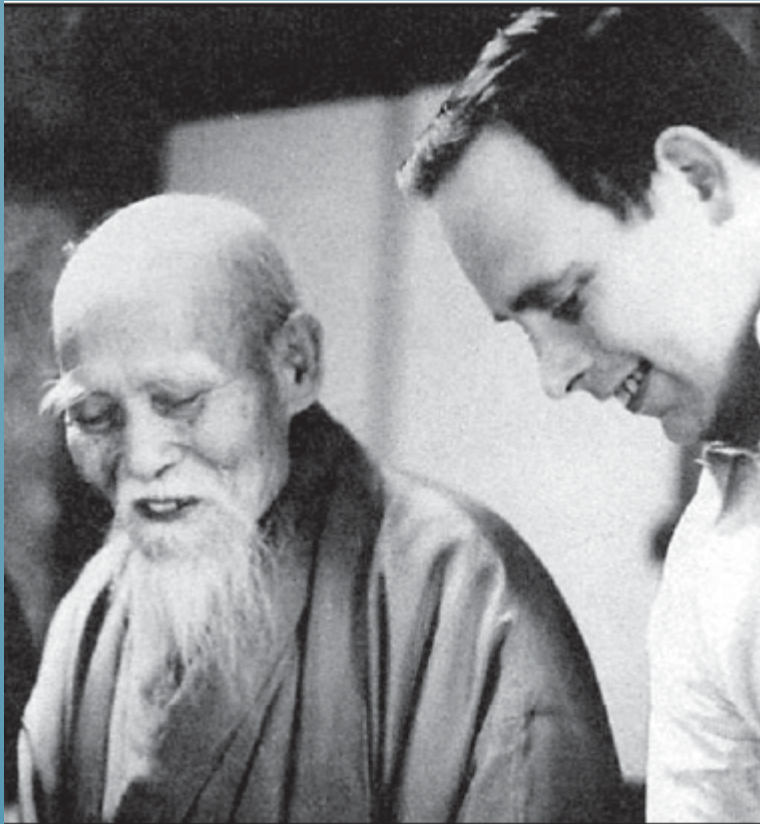
THE HOMICIDAL PATIENT IN THE ELEVATOR BY

MILTON H. ERICKSON

A SOFT ANSWER

BY

TERRY DOBSON



QUESTIONS?

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Stephen@StephenKotev.com