

# ADR LUNCHTIME SERIES PRESENTATION





## Character Strengths Are Critical to Successful Conflict Management in the Workplace

**Understanding and leveraging Character Strengths is one of the most intriguing ways to master workplace conflict. Positive psychology expert, Shannon Polly, will discuss many of the excellent tools and latest thinking on positivity in the workplace. Ms. Polly will focus on new research and theories related to a concept called, "Acting 'As If.'" These leading edge ideas will help people address conflict in an intentional and sophisticated manner and achieve better outcomes in the workplace.**

**Speaker:** Shannon M. Polly, MAPP  
Facilitator, Coach and Speaker  
President, Shannon Polly & Associates  
Co-founder of Positive Business DC

**Presented by the Interagency ADR Working Group, Workplace Conflict Management Section in coordination with the Department of Energy's Office of Conflict Prevention and Resolution**

**Date:** Tuesday, March 8, 2016  
**Time:** Noon - 1:30 pm EST *(Please allow extra time for security procedures)*  
**Location:** U.S. Department of Energy  
1000 Independence Ave, SW, Room GE-086  
(DOE Forrestal Main Auditorium)  
Washington, D.C. 20585

**Travel by Metro:**  Green and  Yellow Line - L'Enfant Plaza station (exit to Maryland Avenue) OR  Orange and  Blue Line - Smithsonian station (exit to Holocaust Museum/Bureau of Engraving and Printing).

**To attend in person**, everyone, including federal employees with an HSPD-12 government ID badge, must register by email to [cindy.mazur@dhs.gov](mailto:cindy.mazur@dhs.gov) and provide name, citizenship, and agency/employer by March 1, 2016. You do *not* need to register to call-in or participate online. If you plan to attend in person and you need any special accommodations, please contact [cindy.mazur@dhs.gov](mailto:cindy.mazur@dhs.gov) by February 29, 2016.

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